

## PENSHURST



**31 JULY – 13 AUGUST**

# WOOLLY WEST FEST

## Making a Racquet!

Something a little different for embroidery, a racquet as a canvas. Be as simple or as intricate as you like, it's amazing what people come up with.

You could freehand it, follow a traditional pattern, google an idea. Cross stitch, shapes, words or traditional stitches, the creative licence is yours.

The finished items will become part of an exhibition throughout the hospital and Kolor Lodge, and if we have enough will become part of an installation at the tennis court in the Botanic Gardens in Penshurst. It's all a bit of fun, it's great for your neuroplasticity, so stretch the comfort zone and embroider away.

Items can be delivered to Beth Howlett at the Penshurst Hospital or dropped at the Knitwit's delivery and dispatch verandah, Hamilton.

Materials: wool, racquet (tennis, badminton, squash – wooden or aluminium), darning needle or crochet hook and a sense of humour.



## MAKING A RACQUET IN PENSHURST

Embroider on a  
tennis racquet

Penshurst  
Hospital, Kolor  
Lodge, Penshurst

Start as soon as  
you like

Deadline 23 July,  
delivery as per  
instructions or at  
next Crafternoon

Chief Knitwit –  
Jacinta Wareham  
0416297086  
(10am-3pm Mon-Sun)

Chief Litwit – Naomi Turner

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[www.woollywestfest.com](http://www.woollywestfest.com)